

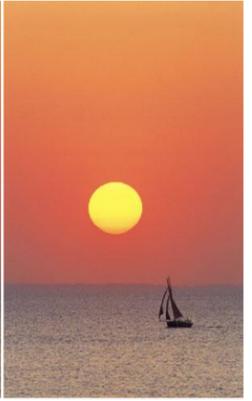


By the Sea Enterprises

"News You Can Use"

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The Mystery of Romantic Attraction

Why Do We Love Who We Love? Understanding Love Maps

What mysterious force drives us crazy for one person, while turning us off to another who might appear equally suitable to any unbiased observer? One key influence over our ideas of the perfect partner, according to John Money, is what he calls our 'lovemap'-- a template of messages within our brains that depicts the idealized lover and programs our sexual and erotic activities -- whether imagined or actually engaged in with "the ideal lover."

Basically, the lovemap describes our likes and dislikes; from our preferences in race, hair and eye color, tone of voice, smell, and body type. It also encodes the kind of personality type that appeals to us, and is quite specific as to details of the physiognomy (the assessment of a person's character or personality from their outer appearance, especially the face), as well as the ideal temperament, manner, and other physical and personality traits. We fall for and pursue those people who most clearly fit our lovemap which is largely determined in childhood between the ages of 3 - 8. By age eight, the pattern for our ideal mate has already begun to be formatted within our brains. When we're little, our mother is our first love and is extremely influential in writing portions of your lovemap. Since she is the center of our attention, her characteristics leave a strong impression, and we are attracted to people with her qualities and personality type.

Your Lovemap for a particular type of Romantic Love partner was formed between the ages of 3-8.

The mother has an additional influence on her sons as she gives them clues to what they will find attractive in a mate as well as affects how they feel about women in general. So if mom is loving and warm, her sons will see women in that way. These boys usually grow up to be responsive lovers and cooperative partners. A mother who was angry, depressed or distant; or who is sometimes friendly but can suddenly be critical or rejecting, may raise a son who becomes a distant lover. This type is afraid

of love and commitment and may consistently push towards and pull away from a woman repeatedly for this reason. Just as mothers influence their son's general feelings toward women, fathers influence their daughter's general feelings about men. If a father lavishes love and praise on his daughter, she'll feel very good about herself in relation to men.

If the father is absent, critical or cold, the daughter can grow to feel she's not very lovable or attractive to men. The father influences how we relate to the opposite sex. They have an enormous effect on their children's personalities and chances of marital happiness. We are most comfortable with a partner most like ourselves, from similar family and social backgrounds, with equal educational levels, goals, and same level of attractiveness. Look for someone with complementary needs; while balancing sociological likenesses and psychological differences to create the most solid lifelong romantic partnership.

Inspiration for the Month...

Every obstacle that comes along is an opportunity to grow and think differently. When you think positive, happy, loving thoughts there is a different chemistry that goes on inside your mind & body then when you think depressing, negative, defeatist thoughts. Choose to practice Positive Thinking & Self-talk to create your day, find your Bliss, meet your Goals & Change your Life! *Riana*



Holistic Approach to Health

Spring is the time to refresh your Holistic health regimen -- Body: eat healthy, primarily fruits & vegetables, drink lots of water, exercise and take vitamins. Mind: Get 8-9 hours of sleep, get out to enjoy nature, read the spiritual masters (watch less TV), practice positive self-talk, and live a conscious life; Soul: pray/meditate every day -- twice a day, reach out to help others, choose to be happy, laugh, live each day with honor, honesty & integrity -- and as if it were your last!



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By the Sea Singles

Advice, etc. Quick Question of the Month: Dear Riana:

My husband seems full of anxiety and is prone to lying, breaking his word, hiding his phone & is always on Facebook. He also disappears for long time periods - I'm worried about this but he gets angry when I question him- what should I do? P.

R: Dear P. -- Yes, you should be concerned and address these issues immediately with a Couples Coach or Therapist. Signs point to cheating, and his anger at you may confirm his guilt. Life-long anxiety, lying, and seeking attention from the opposite sex could be a result of ACOA personality traits, which stem from childhood trauma or abuse, and can be explored deeper and changed with a knowledgeable Therapist. If he won't go to Couples Counseling, you can start alone to learn how to change this dysfunctional marriage pattern.



Susie & Ed Diczanowski -- had a very beautiful and sophisticated wedding ceremony held in the Trump Taj Mahal Casino Hotel chapel created by Toni Reale of the Catering Dept. on Sun, 12/12/2010 in Atlantic City. Congratulations to you both and to your new family!



CONGRATULATIONS to my daughter Stephana Panos and her husband and my new son, Charles Ferrell, married on April 2, 2011 in Orlando at the Historic Courthouse. It was an amazing day filled with Love, Fun & Happiness! Their honeymoon was spent traveling throughout Italy.



Brittany and Kevin Nolan

This couple braved the elements in on April 9th, 2011 to have their dream wedding on the 36th Street Beach in Ocean City, NJ. Even though a bit chilly, the sun was strong and all went well! Best Wishes for many Happy years!

Ceremonies by the Sea

Romance International Travel

This Embassy Suites (part of the Hilton Group) was a perfect hotel for my daughter's wedding guests - located one block from her ceremony at the Orlando Historic Center & Courthouse. The hotel had a huge, open atrium where a free buffet breakfast was served daily. The breakfast offered a large, healthy variety, an omelet station, and in all - was delicious! There was a great lobby bar where we all gathered after the rehearsal dinner - the bartenders were friendly, drinks were reasonable, and there was plenty of seating for all of us. There is a free daily Happy Hour from 5-7 pm, that many of our guests attended and really enjoyed. Also, they loved the outdoor pool and the gym looked very clean and nice.

We had a very beautiful, spacious, 2-room King suite (for only \$119/night - wedding rate) with a huge bathroom which was immaculate. It featured a mini-bar frig, microwave and coffee maker within the living room. My daughter's Bridal suite was amazing - it had two large full bathrooms, a huge living room and dining room table, balcony with lake view, and over-sized King bedroom - perfect for Stephana & Charles! All the staff was very nice and very service oriented. Our guests loved this hotel & we recommend it highly! It is also close to many outdoor bars and restaurants, so you can walk to most places downtown once you park there (parking is \$16.95/night). Enjoy!



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