

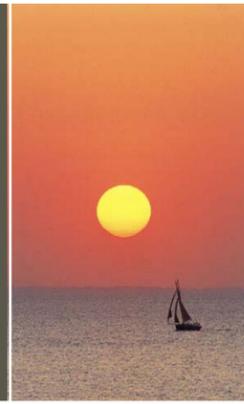


By the Sea Enterprises

"News You Can Use"

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Issue # 2



Holiday Celebrations



Reflection of the Holiday Spirit: Thanksgiving, Christmas, Hanukkah & New Years Eve

Happy Holidays everyone! The Fall is here, and soon we are heading into the Winter season. Change is all around us, starting with the colored leaves, then the darker days by 5 pm, and our warm days are now icy cold. This is the time when SAD (Seasonal Affect Disorder) could set in. However, mood is often a state of mind – one that can be changed and controlled by you. Depression, anxiety and discouragement starts within your thought processes -

it starts by being negative about where you are now and complaining and thinking about what you don't have. This negative state of mind can make you ill, tired, and feeling hopeless. Negativity is like a tornado; it starts small and spirals to eventually control your life. Now is the time of year with all its' changes to take a look at the

chance to recreate and change yourself. Changing *who you are* on the inside starts first mentally by counting your Blessings and giving Thanks for ALL you DO have in your life this Thanksgiving & Holiday season. If you don't like where you are in your job, home, relationship, or financial situation – now is the time to reflect on what you can do better and gather the courage to change. Yes, change takes risk, but with smart choices – it can lead to new goals, a renewed sense of creativity, expanded life vision, and a new Higher Purpose leading to the dreams you want to achieve.

Being afraid to change leaves one stagnant, stuck in a life situation that leads one to complaints, frustration, and can ultimately lead to anxiety and depression. When you get determined to celebrate the Season of Change, renewed Hope, the birth of Light and new Beginnings, giving the Thanks for your many Blessings, and gearing up for a New You for a New Year...then you become excited over the wonderful possibilities you are about to become.

Beat the Holiday Blues with a New, Positive Attitude by Counting the Blessings you DO have, not focusing on what you don't have.

The Hanukkah story is a tale of courage, when the Macabees defied incredible odds to risk their lives to reclaim what was important to them. It represents a life lesson in risk taking, faith, and remaining true to your beliefs, despite whether it is popular. The Festival of Lights celebrates the triumph of faith & courage over military dictatorship, while believing in the miracle of the light that burned for them for 8 days.

Christmas is celebrated by Christians as they celebrate the birth of baby Jesus. Magi, or Wise men, visited the Christ-child to bring gifts to celebrate his birth. It is a time for spreading peace and well-wishes, a time of rebirth and forgiveness, a time of hope and giving to others. New Years Eve is the celebration of looking forward to new goals and dreams, and a newer, more better – you; while forgetting or forgiving the past. Focus on current Blessings with the courage to change for the Best year yet!

Inspiration for the Month...

"Help Yourself, a Friend & the World"

This Holiday season buy Riana's **WATCH ME!** book. Help others get inspired to reach success & get through hard times; while donating to bring Fresh water to thousands through the EPIC charity. **SAVE \$5 & free S & H** when you order through our web site at **By the Sea Books**.



It's the Path of Change that takes you where you ultimately want to go. Trust it & Go for It!

With Fall, comes the change of the leaves. This serves as a reminder that like nature, change is inevitable, you should welcome it and you cannot fight it. You may not know where the path is leading – but enjoy the journey and trust where it takes you. Change isn't easy, but it is necessary to reach your ultimate dreams and goals. Life is too short not to take chances – just make sure your choices are for "the good of all" and your goals have a Higher Purpose – then your dreams will not be denied!



VIP Singles by the Sea

Apply NOW for the NEW VIP Singles Networking Group! Starting in the New Year our Singles group (ages 35 – 60) will go through major changes creating a more professional, upscale & attractive group chosen by a select Board.

Everyone must apply with -

- 1) Professional Business resume
- 2) Head shot & 1-long shot photo
- 3) Proof of age & residence (Lic.)
- 4) 2 letters of Recommendation
- 5) Must agree to a background check by Riana
- 6) Yearly Membership includes:
 - Website pics & summary
 - Six cocktail parties/year
 - Date matching by Riana
 - One Coaching session

Parties start in Feb, details coming soon on the web site or Email info@rianamilne.com



Dana Levin & Hue To

Congratulations to Dana & Hue, two favorite lady friends of mine who celebrated their loving relationship with their Civil Union Ceremony on the beach of Ocean City Friday, October 1st. Thank you ladies for the Honor of asking me to perform your Ceremony. Best of Luck to you and your new family!



Susan Cosette & Jim Jamison

Celebrated their Wedding outside by the bay at the Ocean City Yacht Club. They had each of their attendants recite a line from "The Art of a Good Marriage" – a nice way for all their best friends to take special part in their ceremony. A beautiful day for a beautiful couple! Congrats!



The Milne Family Thanksgiving

Four of the Milne siblings, Mom & Joe Ryan, and family friends all gathered for a 2-day celebration for Thanksgiving and to celebrate my mother's 85th birthday. Congrats, Much Love, and Many Blessings Mom for many more happy years!

Ceremonies by the Sea



Romance International Travel

The Royal Islander - Kukulcan Boulevard, Lote 51, Sec C2, Cancun, Quintana Roo, QR 77500 (Phone: 52-998-8810100). There are 4 Royal Resorts in Cancun - The Royal Sands, Mayan, Caribbean and Islander; and we stayed in The Royal Islander in September for a week. The Villa was quite large and comfortable, and every room had an ocean view. The rooms were done in tropical furniture, which is nice, but not luxurious. The King BR was huge, and there was a great balcony off both bedrooms and the living room - which was our favorite place to be. The desk staff was very accommodating and knowledgeable, as was the rest of the service staff. Royal Resorts is a great choice for large, beautiful room with a great view & awesome pools. **COUPON OFFERS!** (Good until 12/25/10 - Space is limited!) **CUN - 301.b** Ocean view Suite for up to 4 people costs \$1,043.00 USD for 7 nights or \$149.00 USD per night with tax included. **CUN - 301.c** Ocean view Room for 2 people costs \$693.00 USD 7 nights or \$99.00 USD per night with tax incl. **Email me for Details & Coupon!**